

threeOMs Yoga Therapy!



Hi there! I'm
Kristi Rokosh

C-IAYT
RYT
PRYT



What is Yoga Therapy?

Yoga therapy is a tailored approach to yoga that is best suited for those with a variety of physical and mental health issues or concerns.

[Learn more](#)



Discounts for Practitioners

All practitioners and staff in your business, clinic or organization can receive 15% off all yoga therapy services! (no expiry)

[Price List](#)



Connect with threeOMs!

If you think yoga therapy is something that your clients or patients would benefit from, I would love to connect with you!

[Connect](#)

We do not want to receive any more communication from threeOMs Yoga Therapy



www.threeoms.com

kristi@threeoms.com

(780) 819-2511

serving Sherwood Park and the Greater Edmonton Area